           2018-2019 PREPARTICIPATION

                                                              SPORTS PHYSICAL EVALUATION

                            GRADES 9 -12

Dear Parents,

Attached are sports physical forms developed by the NJ Department of Education for students in grades 9-12.  The State of NJ Pre-participation Physical forms must be completed in order for your student to participate on a sports team.  These forms are in addition to the Doane Academy Student Physical Evaluation and Immunization form.  Forms are due prior to the student participating in a sport.

**NJ State Mandates:**

1. **Only NJ state forms will be accepted for sports participation.**
2. **Your physician is required to complete the Cardiac Assessment Professional Development Module and must sign and date the bottom of Clearance Form F (page 4) providing proof of completion. If your physician needs further information, it can be found at:**

<http://www.nj.gov/education/students/safety/health/services/athlete/PDModule.shtml>

1. **A section of the form (History form: page 1 and page 2 if necessary) must also be completed by parents - signed and dated.**
2. **If the physical evaluation is current (within one year) but greater than 90 days, a NJ State Health History Update Questionnaire must be completed by the student’s parent/guardian before playing.  These forms will be distributed at the beginning of each sports season and are also available from the school nurse.**

Thank you,

Roxane Blow, BSN, RN

Doane Academy

School Nurse

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